**Hamburger Helper Cheeseburger Macaroni**

½ lb lean ground beef

1 tablespoon cornstarch

2 teaspoons paprika

1 teaspoon onion powder

1 teaspoon garlic powder

1 teaspoon salt

1 teaspoon sugar

1/4 teaspoon pepper

1 cup hot water

2 cups skim milk

1 1/2 cups elbow macaroni (or other small pasta)

1 cup shredded sharp cheddar cheese

Instructions

Brown ground beef in a large skillet or pot. Drain and return to pan.

Add in cornstarch, seasonings, hot water, skim milk and pasta. Stir to combine, and bring to a boil. Reduce the heat, and simmer for 10 minutes, or until pasta is al dente, stirring a couple of times.

Turn off the heat and stir in cheddar cheese until melted. Let stand for 5 minutes, or until sauce is thickened.